# MN579 Christian Caregiving II: Ministering Wholeness in Christ University of Dubuque Theological Seminary August, 2023

**Instructor:** 

Beth McCaw Van Vliet 326-C BMcCaw@dbq.edu 563-589-3390

**Letter Grade** 

Prerequisite: MN 572 1 Credit

This "lab" course builds upon Christian Caregiving I to provide practice in the application of theory and theology in Christian caregiving. Attached to it is training for certification in Mental Health First Aid. Students will engage in review of caregiving skills for acute situations, role plays, case studies, analyses of personal caregiving skills.

#### M.Div. Curricular Goals

This course helps fulfill the following M.Div. curricular goals:

- 1. Nurture habits and disciplines of study, prayer and reflection that increase love of God and neighbor and shape personal and professional life
- 2. Be formed by, live in, and minister out of scripture, and the historical and theological tradition of the church
- 3. Provide pastoral care for individuals and congregations in daily life and moments of transition and crisis
- 4. Integrate theology and practice in all areas of life and ministry

#### M.A.M.D. Curricular Goal

This course helps fulfill the following M.A.M.C. curricular goal:

1. Develop skills and capacities for faithful and competent Christian witness.

### M.A.C.L. Curricular Goal

1. Nurture biblically and theologically informed, culturally sensitive leaders for the church and the world.

## **Class Objectives:**

- 1. to provide practice in caregiving ministry
- 2. to understand and articulate biblical, theological and psychological foundations of care
- 3. to encourage the development of a healthy and faithful ministerial identity (lay or ordained)
- 4. to examine primary contexts and particular areas of need in caregiving
- 5. to strengthen essential communication skills

## **Evaluation:**

- 1. Preparation for lab by review of Caregiving I concepts, and two brief verbatims for sessions.
- 2. Completion of Mental Health First Aid Training preload and class lab-40%.

- 3. Submission of two in-class worksheets providing feedback for class mates or reflection on personal skills -15%
- 5. Case Study Paper, 6 pp. -30%

# **Bibliography**

NO NEW READING IS ASSIGNED FOR CAREGIVING II, but review of the texts from Caregiving I will be beneficial. Rather that new reading, you will have a few hours of preload video for certified Mental Health First Aid training, then to be held on campus.

# **Required Reading from Caregiving I:**

Dykstra, Robert. *Images of Pastoral Care: Classic Readings*. St. Louis, MO: Chalice Press, 2005.

Gilbert, Roberta M. *The Eight Concepts of Bowen Theory*. Leading Systems Press, 2004. Martin, William, *The Art of Pastoring: Contemplative Reflections* (Vital Faith Resources), selections

McMinn, Mark, and Timothy Phillips, *Care for the Soul*. Downers Grove, IL: InterVarsity Press, 2001.

Purves, Andrew *The Crucifixion of Ministry*. Downers Grove, IL: InterVarsity Press, 2007. Van Deusen Humsinger, Deborah, *Pray Without Ceasing*. Grand Rapids, MI: Eerdmans, 2006.

Thomas, Kenneth Wayne. *Thomas-Kilman Conflict Mode Instrument*. CPP Inc, 2002. Several articles available as pdf's on the course site

### Recommended

Franklin, Cynthia and Rowena Fong, *The Church Leader's Counseling Resource Book* (Oxford) (selections were referenced in Caregiving I)